U.S. and World Population Clock

Jan 15, 2025 21:02 UTC (Eastern+5)

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U.S. Population

```
0 0 0 0 0 0 0 0 0
1 1 1 1 1 1 1 1 1
2 2 2 2 2 2 2 2 2
3 3 3 3 3 3 3 3 3
4 4 4 4 4 4 4 4 4
5 5 5 , 5 5 5 , 5 5 5
6 6 6 6 6 6 6 6 6
7 7 7 7 7 7 7 7 7
8 8 8 8 8 8 8 8 8
9 9 9 9 9 9 9 9 9
0 0 0 0 0 0 0 0 0
```

Components of Population Change

Rates   **Visualization**
                                             21:02:33 UTC

One birth every **9 seconds**
One death every **9 seconds**
One international migrant (net) every **23 seconds**
Net gain of one person every **21 seconds**

World Population

0 0 0 0 0 0 0 0 0 0
1 1 1 1 1 1 1 1 1 1
2 2 2 2 2 2 2 2 2 2
3 3 3 3 3 3 3 3 3 3
4 4 4 4 4 4 4 4 4 4
5 , 5 5 5 , 5 5 5 , 5 5 5
6 6 6 6 6 6 6 6 6 6
7 7 7 7 7 7 7 7 7 7
8 8 8 8 8 8 8 8 8 8
9 9 9 9 9 9 9 9 9 9
0 0 0 0 0 0 0 0 0 0

[TOP 10 MOST POPULOUS COUNTRIES (July 1, 2024)](#)

TOP 10 MOST POPULOUS COUNTRIES (July 1, 2024)

Rank. Country	Population	Rank. Country. Population	NaN
1. India	1,409,128,296	6. Nigeria	236,747,130
2. China	1,407,929,929	7. Brazil	220,051,512
3. United States	340,110,988	8. Bangladesh	168,697,184
4. Indonesia	281,562,465	9. Russia	140,820,810
5. Pakistan	252,363,571	10. Mexico	130,739,927

January 14, 2025

select date

The United States population on January 14, 2025 was: 341,198,407

select date

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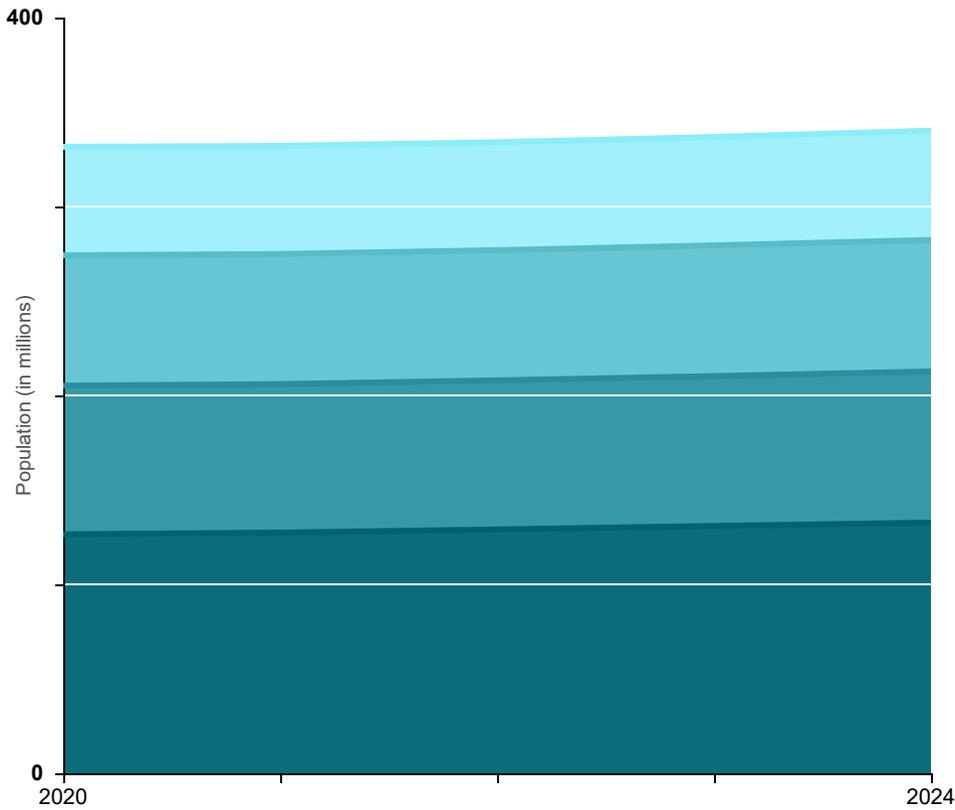# Annual Population Estimates

United States Population Growth by Region

Regional Populations

Northeast Midwest West South

United States Population by Age and Sex

Is this page helpful?

👍 Yes   👎 No

Age

80

60

40

20

1%   % of Population   1%

play/pause

2020   2023
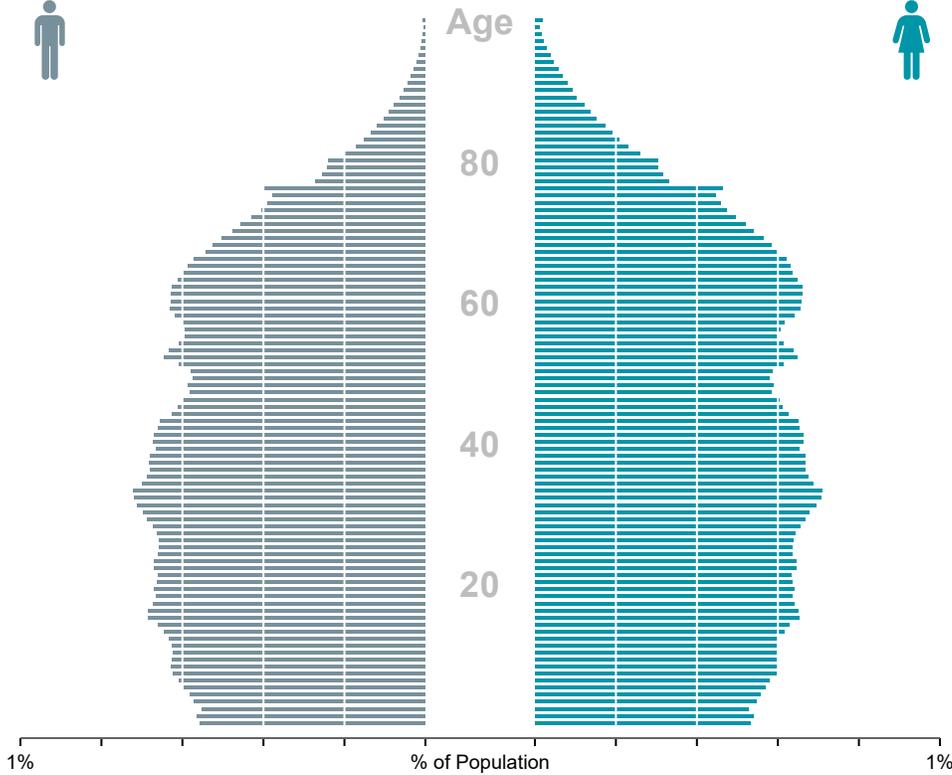
Most Populous

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StatesCountiesCities

States

State	Population, 2024	Pop. per sq. mi., 2024
California	39,431,263	253.0
Texas	31,290,831	119.8
Florida	23,372,215	435.6
New York	19,867,248	421.6
Pennsylvania	13,078,751	292.3
Illinois	12,710,158	229.0
Ohio	11,883,304	290.8
Georgia	11,180,878	193.7
North Carolina	11,046,024	227.2
Michigan	10,140,459	179.1

Counties

Is this page helpful?

👍 Yes   👎 No

Cities

Highest Density

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StatesCountiesCities

States

State	Population, 2024	Pop. per sq. mi., 2024
District of Columbia	702,250	11,488.5
New Jersey	9,500,851	1,291.8
Rhode Island	1,112,308	1,075.9
Massachusetts	7,136,171	914.8
Connecticut	3,675,069	758.9
Maryland	6,263,220	645.0
Delaware	1,051,917	539.9
Florida	23,372,215	435.6
New York	19,867,248	421.6
Pennsylvania	13,078,751	292.3

Counties

Cities

About the Population Clock and Population Estimates

U.S. Population

The U.S. population clock is based on a series of short-term projections for the resident population of the United States. This includes people whose usual residence is in the 50 states and the District of Columbia. These projections do not include members of the Armed Forces overseas, their dependents, or other U.S. citizens residing outside the United States.

The projections are based on a monthly series of population estimates starting with the April 1, 2020 resident population from the 2020 Census.

At the end of each year, a revised series of population estimates from the census date forward is used to update the short-term projections for the population clock. Once the updated series of monthly projections is completed, the daily population clock values are derived by interpolation. Within each calendar month, the daily numerical population change is assumed to be constant, subject to negligible differences caused by rounding.

Population estimates produced by the U.S. Census Bureau for the United States, states, metropolitan and micropolitan statistical areas, counties, cities, towns, as well as for Puerto Rico and its municipios can be found on the Population Estimates web page. Projections of the future population for the United States can be found on the Population Projections web page.

Cities featured on the Most Populous and Highest Density lists feature popul[...] July 1, 2024.

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Yes   No

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| Jan ⌄ | 2025 ⌄ |

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12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

Is this page helpful?

×

👍 Yes   👎 No